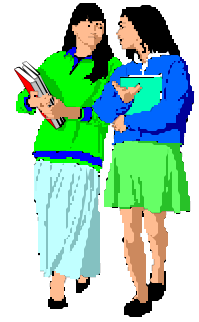




Connect by Coaching Your Kid Parenting Classes

by
Kathy Masarie MD Parent and Life Coach

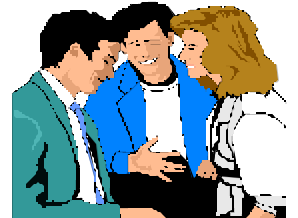


FOR: *Parents of tweens and teens*
WHEN: *April 14, 21, 28 and May 5 Thursdays 7-8:30 PM or
 May 3, 10, 17, 24 Tuesdays 10-11:30 AM*
WHERE: *SW Portland area*
COST: *\$119 or \$200/couple*
CONTACT: coach@kathymasarie.com or 503-292-4162

- ? Are you frustrated with the mood swings, erratic behavior and disconnect with your child or teen?
- ? Does your child or teen feel respected, listened to and understood?
- ? Does your child or teen take responsibility for the choices he/she makes?

Consider the Coaching Approach...

We have all thought of coaching for sports teams. Have you ever thought of a coach for the "game of life?" A coach is someone who believes that you are creative, whole and resourceful and have the answers within. Coaching offers you strategies, support, accountability and clarity to move you forward with your dreams...where you want to go and how to get there. In this 4 week parenting class, not only are you coached, but you learn to coach your own budding adult moving them toward successful independence. You will learn straightforward skills to appreciate, respect, listen to, understand and connect with your child to support him/her on the journey to responsibility and independence. This parenting course is based on the book, *Parent as Coach: Helping Your Teen Build a Life of Confidence, Courage and Compassion*, Marshall Rosenberg's work on Non-violent Communication and additional resources gathered by Dr. Masarie who has focused on prevention for more than twenty years.



REGISTRATION FORM

Name _____

Address _____

City _____ St _____ Zip _____

Home phone _____

Cell phone _____

PICK CLASS

- APRIL
- MAY

Payment to *Connect by Coaching Your Kid*

- Enclosed check
- Visa/Master Card (circle one)

Credit card #

Exp Date _____

Billing address

City _____ St _____ Zip _____

Email _____

Signature

